

Your CATARACT EXAM

1. Read carefully all of the enclosed information
2. Complete all questions on the Cataract Problems Questionnaire and the orange "Welcome to Our Office" form. Come 30 minutes early to complete any paperwork in our office.
3. Bring all medicines you take and your best pair of glasses.
4. Bring your insurance card(s). We will file your insurance as a courtesy.
5. **BRING SOMEONE TO BE WITH YOU DURING THE EXAM IN THE ROOM, TO DRIVE YOU HOME AFTERWARDS AND FOR ALL FUTURE VISITS TO OUR CLINIC.**
6. Make a list of any questions you need answered.
7. Be prepared to pay your deductible and co-payment the day of your visit.

1 Visit Is It

Patients who come to our office for a cataract evaluation receive our "Super Exam" to discover and document the important characteristics of your eyes. Ask for a "**1 Visit Is It**" for all exams, tests and measurements to be done the same day as your operation, saving you travel time and visits to our office.

YOUR CATARACT OPERATION

On _____, _____, arrive at Southern Eye Center for
(Day) (Date)
exam and measurement no later than _____.
(Time)

THE NIGHT BEFORE THE OPERATION:

1. Take a good bath and wash your hair thoroughly.

THE DAY OF YOUR OPERATION:

2. If you have "1 Visit Is It" your operation will be done when you finish the exam,
3. Take **all** your medication as usual in the morning, including blood thinners. Men should shave closely and women should leave off make-up.
4. You may eat right up to the time of your operation.

GOING HOME:

5. After your operation you will be instructed on how to care for your eyes and the doctor will talk to you before you go home.
6. State law requires that you be discharged to the care of a responsible adult after your operation.

AFTER CARE:

7. You have an appointment the day after your operation at 11:30 am.
8. Our office will call you at 8 am to check on your progress. Provided things are going well, we may be able to handle any questions, etc. on the phone and save you a trip to the office. If, for some reason, you have not heard from our office by 9:00 AM, the day after your operation please call 264-3577 extension 238.

